

Alberni Valley United Church  
Sept. 13, 2020



“Hope sees the invisible, feels the intangible and achieves the impossible.”  
- Helen Keller

Upcoming Zoom Meetings & Gatherings:

Sept. 15	Gentle Yoga	10:00 am
Sept. 15	Prayer Chapel	1:00 pm
Sept. 16	Wednesday Communion	12:00 pm
Sept. 17	Chair Yoga	11:05 am

\*Please note our social distancing protocol during our Live Sunday Services is 2 meters and 3 meters for our singers (who are from the same households).

**Sunday Service:** 10:30 am. Please visit our fb page:

[www.facebook.com/alberniavalleyuc](https://www.facebook.com/alberniavalleyuc) or go to our YouTube channel to view:  
<https://www.youtube.com/channel/UC12y0skGCzhEGD62iGvVf0A>

**Inter-spiritual Contemplative Practice:** Sunday, Sept 20, 7:00 - 8:00 pm  
<https://zoom.us/j/960983040> Meeting ID: 960 983 040

**Gentle Yoga with Mary:** Tuesdays @ 10:00 am. Join Zoom Meeting  
<https://us02web.zoom.us/j/88559368151> Meeting ID: 885 5936 8151

**Prayer Chapel:** Tuesdays @ 1:00 pm.

Join URL: <https://us02web.zoom.us/j/2507351649> Password: AVUC

**Wednesday Communion: Sept 16** 12:00 – 12:30 pm, Tune in via Livestream.

**Chair Yoga with Mary:** Thursdays at 11:05 am. Join Zoom Meeting  
<https://us02web.zoom.us/j/86239608615> Meeting ID: 862 3960 8615

**Stencil Paint Kits Available:** \$20 donation includes paint, carbon paper, wood panel and stencil. An additional \$1 for a paint brush.

**Watercolour Kits Available:** \$10 donation includes, paint palette, paper, tape, paint brush.

**Wednesday Bible Study:** Will resume.

Like and follow us on Facebook; hit **like** under the main header image.

[www.facebook.com/courageouscommunitycenter](http://www.facebook.com/courageouscommunitycenter) and

[www.facebook.com/albernivalleyuc](http://www.facebook.com/albernivalleyuc)

**Bread of Life needs:** canned/non-perishable food, toilet paper, brown sugar, coffee, oatmeal, margarine, salt & pepper, ground meat, vanilla, spoons, bleach, cash donations and volunteers.

Plus, calorie dense food such as boost, protein/granola bars, tuna and cracker packages, peanut butter packets.

Minister: Rev. Minnie Hornidge, Choir Director: Linda Cannon  
Church Accompanist: Ellen Vander Putten; Tech Team Leader: Dewayne  
Parfitt

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Facebook: [www.facebook.com/albernivalleyuc](http://www.facebook.com/albernivalleyuc)

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Gathering Online

Acknowledgement of Territory:

Welcome Prayer:

Hymn: Come in Come in and Sit Down VU 395

Threshold Moment:

We Listen for the Word of God

Candle Lighting:

Hymn: Come to the Table of Grace vs 1

We Respond

Prayer at the Table:

Story of the Table:

Scripture: (Inclusive) Romans 12:9-21

Scripture: (Inclusive) Gospel: Mark 6:32-44

Sermon:

We Go Forth

Duet: Ford & Linda Cannon Room at the Table

Prayers of the People:

Call for Offering:

The Sacrament of Holy Communion:

Closing Hymn: Let us Talents and Tongues Employ VU 468

Blessing:

Amen: