

Alberni Valley United Church  
Oct 25, 2020



“God sends the dawn that we might see the might-have-beens that still might be.” - R Brault

Upcoming Zoom Meetings & Gatherings:

Oct 25	Inter-Spiritual Meditation	7:00 pm
Oct 27	Gentle Yoga	10:00 am
Oct 27	Chair Yoga	11:30 am
Oct 27	Prayer Circle	1:00 pm
Oct 28	Wed. Communion	12:00 pm
Oct 28	Me & White Supremacy	7:00 pm
Oct 29	Bible Conversation	1:30pm

\*Please note our social distancing protocol during our Live Sunday Services is 2 meters and 3 meters for our singers (who are from the same households).

**Sunday Service:** 10:30 am. Please visit our fb page:

[www.facebook.com/alberniavalleyuc](https://www.facebook.com/alberniavalleyuc) or go to our YouTube channel to view:

<https://www.youtube.com/channel/UC12y0skGCzhEGD62iGvVf0A>

**Inter-spiritual Contemplative Practice:** Sundays 7:00 - 8:00 pm Zoom  
Meeting ID: 876 6129 9792 Passcode: 2882

**Monday Nature Walk hosted by Happy Hippie Hikers @ 10:30 am** For more information contact Joanne La Plante

Email: [joanne2laplante@gmail.com](mailto:joanne2laplante@gmail.com)

**Tuesday Prayer Chapel with Elain Julian Email:** [avucrev@shaw.ca](mailto:avucrev@shaw.ca) for zoom link.

**Gentle Yoga with Mary:** Tuesdays @ 10:00 am. Join Zoom Meeting <https://us02web.zoom.us/j/88559368151> Meeting ID: 885 5936 8151  
\*Meeting in the Sanctuary 10 – 11am and via Zoom

**Chair Yoga with Mary:** Tuesdays at 11:30 am. Join Zoom Meeting <https://us02web.zoom.us/j/86239608615> Meeting ID: 862 3960 8615  
\*Meeting in the sanctuary Tuesdays 11:30 – 12:30 starting Oct 06.

**Prayer Circle:** Tuesdays @ 1:00 pm.  
Join URL: <https://us02web.zoom.us/j/2507351649> Password: 2882

**Wednesday Communion:** Wednesdays @ 12:00 – 12:30 pm, Tune in via Livestream.

**Bible Conversation: Thursdays 1:30 pm In-person in the lounge and online. Zoom ID: 250 735 1649 Passcode: ABBA**

**Me & White Supremacy:** Wednesday Oct 21, 2020, 7:00 PM 5 week circle. Register in advance.

**Oct 26 Hybrid Wild Church 1:30 pm**

**Prayer Requests:** Do you have a prayer request for Rev. Minnie? Please let your *Pastoral Care Cluster Leader* know or email it to: [prayeravuc@gmail.com](mailto:prayeravuc@gmail.com).

**Stencil Paint Kits Available:** \$20 donation includes paint, carbon paper, wood panel and stencil. An additional \$1 for a paint brush.

**Watercolour Kits Available:** \$10 donation includes, paint palette, paper, tape, paint brush.

**M & P** would like to announce our new church custodian Ford Cannon.

Like and follow us on Facebook; hit **like** under the main header image.

[www.facebook.com/courageouscommunitycenter](http://www.facebook.com/courageouscommunitycenter) and  
[www.facebook.com/albernivalleyuc](http://www.facebook.com/albernivalleyuc)

**Bread of Life needs:** canned/non-perishable food, toilet paper, brown sugar, coffee, oatmeal, margarine, salt & pepper, ground meat, vanilla, spoons, bleach, cash donations and volunteers.

Plus, calorie dense food such as boost, protein/granola bars, tuna and cracker packages, peanut butter packets.

Minister: Rev. Minnie Hornidge, Choir Director: Linda Cannon  
Church Accompanist: Ellen Vander Putten; Tech Team Leader: Dewayne Parfitt

3747 Church Street, Port Alberni, BC, V9Y 1T5, Tel: 723-8332  
Email: [avunitedchurch@shaw.ca](mailto:avunitedchurch@shaw.ca) Website: [www.albernivalleyuc.com](http://www.albernivalleyuc.com)  
Facebook: [www.facebook.com/albernivalleyuc](http://www.facebook.com/albernivalleyuc)

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### Gathering Online

Call to Gather:

Acknowledgment of Territory:

Hymn: Come and Find the Quiet Center

VU 374

Introductions:

Announcements:

Threshold Moment:

## We Listen for the Word of God

Lighting the Christ Candle:

Opening Prayer: Lord, Prepare Me To Be A Sanctuary

MV 18

Story: The Soul is Like a Sponge

Hymn: Rise Up, Rise Up

MV 130

## We Respond

Scripture: Jeremiah 6:16 (NIV)

Scripture: Psalm 103:1-5 (NIV)

Scripture: Matthew **22:37-38** (NIV)

Reflection: Aspiring to Care For the Soul... Loving Well and Live Humanely

## We Go Forth

Hymn: Breath of God, Breath of Peace

MV 24

Pastoral Prayer:

The Lord's Prayer: VU 959

A Time of Offering: Invitation to Share Our Gifts

Prayers Over the Gifts:

Sung Blessing: May the Love of the Lord

MV 218