

Alberni Valley United Church  
May 23, 2021



Upcoming Zoom Meetings & Gatherings:

May 23	Inter-Spiritual Meditation	7:00 pm
May 23	Nature Walk	12:30 pm
May 25	Gentle Yoga	10:00 am
	Chair Yoga	11:30 am
May 25	Macrame Planter Class	7:00 pm

\*Please note our social distancing protocol during our Live Sunday Services is 2 meters and 3 meters for our singers (who are from the same households).

**Sunday Service:** 10:30 am. Please visit our fb page:

[www.facebook.com/alberniavalleyuc](https://www.facebook.com/alberniavalleyuc) or go to our YouTube channel to view:  
<https://www.youtube.com/channel/UC12y0skGCzhEGD62iGvVf0A>

**Inter-spiritual Contemplative Practice:** Sundays 7:00 - 8:00 pm Zoom  
Meeting ID: 876 6129 9792 Passcode: 2882

**Tuesday Prayer Chapel with Elain Julian Email:** [avucrev@shaw.ca](mailto:avucrev@shaw.ca) for zoom link.

**Gentle Yoga with Mary:** Tuesdays @ 10:00 am. Join Zoom Meeting  
<https://us02web.zoom.us/j/88559368151> Meeting ID: 885 5936 8151

**Chair Yoga with Mary:** Tuesdays at 11:30 am. Join Zoom Meeting  
<https://us02web.zoom.us/j/86239608615> Meeting ID: 862 3960 8615

**Nature Walk with Deb Masso, Sunday May 23, 12:30 pm**

**Macrame Planter Class \$25, May 25 at 7:00 pm**

Like and follow us on Facebook; hit **like** under the main header image.

[www.facebook.com/courageouscommunitycenter](http://www.facebook.com/courageouscommunitycenter) and  
[www.facebook.com/albernivalleyuc](http://www.facebook.com/albernivalleyuc)

**United Church Quilters & Crafters** \*This group is happening but currently postponed until restrictions are lifted. 9:30 - 4:00 pm second and fourth Mondays of the Month, starting in 2021. Contact Natalie van Viegen @ 250-724-5816 or [dutchmanscastle@shaw.ca](mailto:dutchmanscastle@shaw.ca) to register.

Choir Director: Linda Cannon Church Accompanist: Ellen Vander Putten;

Tech Team Leader: Dewayne Parfitt

3747 Church Street, Port Alberni, BC, V9Y 1T5, Tel: 723-8332

Email: [avunitedchurch@shaw.ca](mailto:avunitedchurch@shaw.ca) Website: [www.albernivalleyuc.com](http://www.albernivalleyuc.com)

Facebook: [www.facebook.com/albernivalleyuc](http://www.facebook.com/albernivalleyuc)

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Gathering Online

Prelude:

Welcome & Announcements:

Introductions:

Video Threshold: God is Holding Your Life

Opening Prayer:

Hymn: Amazing Grace

We Listen for the Word of God

Time for the Young and the Young at Heart:  
Hymn: Jesus Loves Me VU 365  
Scripture: Psalm 72:1-7, 10-14 (Inclusive Bible)  
Introducing the Psalm Song:  
Video: These Lives Are Precious  
Reflection: We Are Precious  
Reflection: When God is Holding My Life  
Hymn: Don't Be Afraid MV 90

### We Respond

Selah Moment:  
Hymn: Don't Be Afraid MV 90  
Prayers of the people:  
Hymn: The Lord's Prayer VU 959  
Offering:

### We Go Forth

Song: Put Peace Into Each Other's Hands MV 173  
Benediction:  
Postlude: