Alberni Valley United Church March 21, 2021



"All the great spiritual leaders were people of hope – Abraham, Moses, Ruth, Jesus, Gandhi – all lived with promise in their hearts that guided them toward the future without the need to know exactly what it would look like."

<u>Upcoming Zoom Meetings & Gatherings:</u>

- Henri Nouwen

Mar. 21	Inter-Spiritual Meditation	7:00 pm
Mar. 23	Gentle Yoga	10:00 am
	Chair Yoga	11:30 am

Prayer Circle 1:00 pm

Mar. 24 Wednesday Communion 12:00 pm Mar. 24 Mindful Self Compassion 7:00 pm

Mar. 25 Lent Book Study 2:30 pm

*Please note our social distancing protocol during our Live Sunday Services is 2 meters and 3 meters for our singers (who are from the same households).

Sunday Service: 10:30 am. Please visit our fb page: www.facebook.com/albernivalleyuc or go to our YouTube channel to view:

https://www.youtube.com/channel/UC12y0skGCzhEGD62iGvVf0A

Inter-spiritual Contemplative Practice: Sundays 7:00 - 8:00 pm Zoom Meeting ID: 876 6129 9792 Passcode: 2882

Monday Nature Walk hosted by Happy Hippie Hikers @ 10:30 am – POSTPONED For more information contact Joanne La Plante Email: joanne2laplante@gmail.com

Tuesday Prayer Chapel with Elain Julian Email: <u>avucrev@shaw.ca</u> for zoom link.

Gentle Yoga with Mary: Tuesdays @ 10:00 am. Join Zoom Meeting https://us02web.zoom.us/j/88559368151 Meeting ID: 885 5936 8151

Chair Yoga with Mary: Tuesdays at 11:30 am. Join Zoom Meeting https://us02web.zoom.us/j/86239608615 Meeting ID: 862 3960 8615

Prayer Circle: Tuesdays @ 1:00 pm.

Join URL: https://us02web.zoom.us/j/2507351649 Password: 2882

Wednesday Communion and Image Meditation: Wednesday @ 12:00 – 12:30 pm, Tune in via Livestream.

Mindful Self Compassion: Wednesdays 7:00 pm via Zoom

Lent Bible Study: Thursdays 2:30 pm, Zoom

Transgendered Heart Book Study: March 4, 18, April 1, 15 6:30 – 7:30 pm.

Watercolor For Beginners: Tuesday March, 30 7:00 pm

Prayer Requests: Do you have a prayer request for Rev. Minnie? Please let your *Pastoral Care Cluster Leader* know or email it to: prayeravuc@gmail.com. Like and follow us on Facebook; hit **like** under the main header image. www.facebook.com/courageouscommunitycenter.and www.facebook.com/albernivalleyuc

Got Macrame Skills? We are looking for someone to help with a special event on May 25.Contact Sarah or Brenda. Email: avunitedchurch@shaw.ca.

Bread of Life needs: canned/non-perishable food, cash donations and volunteers.

United Church Quilters & Crafters *This group is happening but currently postponed until restrictions are lifted. 9:30 - 4:00 pm second and fourth Mondays of the Month, starting in 2021. Contact Natalie van Viegen @ 250-724-5816 or dutchmanscastle@shaw.ca to register.

Minister: Rev. Minnie Hornidge, Choir Director: Linda Cannon Church Accompanist: Ellen Vander Putten; Tech Team Leader: Dewayne Parfitt

3747 Church Street, Port Alberni, BC, V9Y 1T5, Tel: 723-8332 Email: avunitedchurch@shaw.ca Website: www.albernivalleyuc.com Facebook: www.facebook.com/albernivalleyuc

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Gathering Online

Prelude:

Welcome:

Appreciation of Territory:

Lenten Theme: Again & Again, God Loves First

Announcements: Call to Worship:

We Listen for the Word of God

Hymn: Moved by the Gospel, Let Us Move VU 394

Opening Prayer:

Time with the Young: Paper Quilt

Hymn: For the Music of Creation VU 535

Prayer of Illumination:

Scripture: John 3:14-21 (Inclusive)

Reflection:

We Respond

Hymn: For the Fruits of all Creation VU 227

Affirmation of Faith:

We Go Forth

Prayers of the People:

The Lord's Prayer: VU 959

Benediction:

Sung Benediction: Go Now in Peace VU 964