Alberni Valley United Church June 14, 2020



"We are made to persist. That's how we find out who

we are."

- Tobias Wolff

Upcoming Zoom Meetings & Gatherings:

June 14	Wildly Courageous Church	4:00 pm
June 16	Gentle Yoga	10:00 am
	Prayer Chapel	1:00 pm
	Leaving a Spiritual Legacy	7:00 pm
June 17	Wednesday Communion	12:00 pm
	The Cup of Our Life	2:30 pm
June 18	Chair Yoga	11:05 am
	Watercolour Meditations	3:00 pm

Please join us, Sunday, June 14 at 10:30 am for Livestream Worship.

YouTube:<u>www.youtube.com/channel/UC12y0skGCzhEGD62iGvVf0A/feat</u> <u>ured</u> Link via Facebook: www.facebook.com/albernivalleyuc

Minnie will be back in the office June 17. Coreen Humphries is leading worship June 14, and Brenda is leading worship on June 21. If there is urgent pastoral needed, please call 250-735-1649.

*Please note our social distancing protocol during our Live Sunday Services is 2 meters and 3 meters for our singers (who are from the same households).

In preparation for our 'Count Our Blessings' June 21 service; traditionally the day we have our church picnic, celebrate educational transitions (plus it's Father's Day). *Please send us pictures, names of grads, kids who are moving from preschool to Kindergarten and kids moving from elementary to high school etc. to be included in our Sunday Slideshow.

Inter-spiritual Contemplative Practice: Sunday, June 21, 7:00 - 8:00 pm https://zoom.us/j/960983040 Meeting ID: 960 983 040

Gentle Yoga with Mary: Tuesdays @ 10:00 am. Join Zoom Meeting <u>https://us02web.zoom.us/j/88559368151</u> Meeting ID: 885 5936 8151

Prayer Chapel: Tuesday, June 16 @ 1:00 pm. Join URL: <u>https://zoom.us/j/699206555</u>

Leaving a Spiritual Legacy: Tuesday, June 16 @ 7:00 pm. Join Zoom Meeting <u>https://us02web.zoom.us/j/88947664645</u>

Wednesday Communion: 12:00 – 12:30 pm, Tune in via Livestream.

Chair Yoga with Mary: Thursdays at 11:05 am. Join Zoom Meeting https://us02web.zoom.us/j/86239608615 Meeting ID: 862 3960 8615

Watercolour Meditations: Thursdays at 3:00 pm. Join Zoom Meeting https://zoom.us/j/966534356?pwd=WHRBTEhEWExOaFU3V1hWMUISMI JoZz09, Password: let go

Wildly Courageous Church: June 14, 4:00 pm at Paper Mill Dam

Café Connect: Thursday, June 18 10:00 am. Join Zoom Meeting: <u>https://us02web.zoom.us/j/2507351649</u>

NEW! The Cup of our Life: a guide to spiritual growth, June 17 at 2:30. The zoom Meeting ID is 250735169

Check out our NEW website at <u>www.courageouscommunitycenter.com</u>. Select 'AVUC' for past sermons, informational resources and more. Select 'Services' to easily join any zoom meeting.

Bread of Life needs: canned/non-perishable food, toilet paper, brown sugar, coffee, oatmeal, margarine, salt & pepper, ground meat, vanilla, spoons, bleach, cash donations and volunteers.

Plus, calorie dense food such as boost, protein/granola bars, tuna and cracker packages, peanut butter packets.

Minister: Rev. Minnie Hornidge, Choir Director: Linda Cannon Church Accompanist: Ellen Vander Putten; Tech Team Leader: Dewayne Parfitt 3747 Church Street, Port Alberni, BC, V9Y 1T5, Tel: 723-8332 Email: avunitedchurch@shaw.ca Website: www.albernivalleyuc.com Facebook: www.facebook.com/albernivalleyuc

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Gathering Online

Welcome & Greeting: Prayer Requests: Introduction: Giving Thanks: Acknowledgement of Territory: Call to Worship:

We Listen for the Word of God

Opening Prayer: Hymn: God of the Bible MV 28 Time with the Young & the Young at Heart: Action Into Hope Prayer: Hymn: Let us Build a House MV 1 Scripture: Genesis 18:1-15, 21:1-7 Scripture: Psalm 116:1-2, 12-19 Scripture: Romans 5:1-8

We Respond

Reflection: Hope During Adversity Hymn: When Hands Reach Out MV 169 Prayers of the People: Prayer of Intercession Lord's Prayer: VU 959 Hymn: Spirit God, Be our Breath MV 150 Giving of Gifts: Hymn: What Does the Lord Require of You VU 701

We Go Forth

Prayer of Thanksgiving: Blessing: Hymn: Go, Make a Diffrence MV 209