

Alberni Valley United Church
June 07, 2020



“Hope is a choice of courage.”

- **T. Guillemets**

Upcoming Zoom Meetings & Gatherings:

June 09	Gentle Yoga	10:00 am
June 11	Chair Yoga	11:05 am
	Watercolour Meditations	3:00 pm

Sunday Service: 10:30 am. Please visit our fb page:

www.facebook.com/alberniavalleyuc or go to our YouTube channel to view:

<https://www.youtube.com/channel/UC12y0skGCzhEGD62iGvVf0A>

Please join us, Sunday, June 07 at 10:30 am for Livestream Worship. YouTube:

<https://www.youtube.com/channel/UC12y0skGCzhEGD62iGvVf0A/featured> Link via

Facebook: www.facebook.com/alberniavalleyuc

Minnie will be away on a Silent Retreat from the afternoon of June 7 to June 12. Coreen Humphries is leading worship on June 14, and Brenda is leading worship on June 21. She will be back in her office on June 17. If there is urgent pastoral needed, please call 250-735-1649.

***Please note our social distancing protocol during our Live Sunday Services is 2 meters and 3 meters for our singers (who are from the same households).**

In preparation for our ‘Count Our Blessings’ June 21 service; traditionally the day we have our church picnic, celebrate educational transitions (plus it’s Father’s Day).

***Please send us pictures, names of grads, kids who are moving from preschool to Kindergarten and kids moving from elementary to high school etc. to be included in our Sunday Slideshow.**

Inter-spiritual Contemplative Practice: Sunday, June 07, 7:00 - 8:00 pm
<https://zoom.us/j/960983040> Meeting ID: 960 983 040

Gentle Yoga with Mary: Tuesday, June 09 @ 10:00 am. Join Zoom Meeting
<https://us02web.zoom.us/j/88559368151> Meeting ID: 885 5936 8151

Prayer Chapel: Tuesday, June 16 @ 1:00 pm.
Join URL: <https://zoom.us/j/699206555>

The Spirituality of Aging: Tuesday, June 16 @ 7:00 pm. Join Zoom Meeting
<https://us02web.zoom.us/j/88947664645>

***Cancelled June 10* Wednesday Communion:** 12:00 – 12:30 pm, Tune in via Livestream.

Chair Yoga with Mary: Thursday, June 11 at 11:05 am. Join Zoom Meeting
<https://us02web.zoom.us/j/86239608615> Meeting ID: 862 3960 8615

Watercolour Meditations: Thursday, June 11, 3:00 pm. Join Zoom Meeting
<https://zoom.us/j/966534356?pwd=WHRBTehEWExOaFU3V1hWMUISMlJoZz09>, Password: let go

Wildly Courageous Church: June 14, 4:00 pm at Paper Mill Dam

Café Connect: Thursday, June 18 10:00 am. Join Zoom Meeting:
<https://us02web.zoom.us/j/2507351649>

Wed. Bible Study has wrapped up until Sept 23. A new small group, “ **The Cup of our Life: a guide to spiritual growth,**” will replace Bible Study, starting **June 17 at 2:30**. The zoom Meeting ID is 250735169

Our Pride Chalk Party was a success! Thank you.

Check out our NEW website at www.courageouscommunitycenter.com. Select ‘AVUC’ for past sermons, informational resources and more. Select ‘Services’ to easily join any zoom meeting.

Bread of Life needs: canned/non-perishable food, toilet paper, brown sugar, coffee, oatmeal, margarine, salt & pepper, ground meat, vanilla, spoons, bleach, cash donations and volunteers.

Plus, calorie dense food such as boost, protein/granola bars, tuna and cracker packages, peanut butter packets.

The Moose Hide Campaign is a grass roots movement of Indigenous and non-indigenous men and boys who are standing up against violence towards women and children. Wearing a moose hide signifies your commitment to honour, respect, and protect the women and children in your life.

Exciting News: Minnie has received approval of funding for our church plant “The Centre” for 2020. The grant resources Creative Connections, Creative Church, Wild Church, Hope 2.0 Conversations that Matter, Yoga, Road to Reconciliation and Courageous Community Capacity Building Offerings.

Minister: Rev. Minnie Hornidge, Choir Director: Linda Cannon
Church Accompanist: Ellen Vander Putten; Tech Team Leader: Dewayne Parfitt
3747 Church Street, Port Alberni, BC, V9Y 1T5 Phone 723-8332
Email: avunitedchurch@shaw.ca Website: <http://www.alberniavalleyuc.com>
Facebook: <https://www.facebook.com/alberniavalleyuc>

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Gathering Online

Welcome:

Gathering in Community:

Acknowledgement of Territory:

Welcome Prayer:

Hymn: MV 62 There is Room for All

Forming the Rainbow:

Duet: Ford & Linda Cannon

We Listen for the Word of God

Opening Prayer:

Hymn: MV 145 Draw the Circle Wide

A Litany of Freedom:

Hymn: VU 691 Through Ancient Walls

Scripture: John 15:12-14, 17-19

Video: The Flower and the Gun

Reflection: My Heart is Aching

We Respond

Hymn: MV 161 I Have Called You by Your Name

Giving our Gifts:

Hymn: MV 182 Grateful

We Go Forth

Blessing:

Prayers of the People:

Hymn: MV 138

Blessing: Love is Love

My Love Colours Outside the Lines