# Alberni Valley United Church July 12, 2020



### "Only in the darkness can you see the stars."

Uncoming Zoom Meetings & Gatherings:

- Martin Luther King Jr.

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July 14	Gentle Yoga	10:00	am
	Prayer Chapel	1:00	pm

July 15 The Cup of Our Life 2:30 pm

July 16 Chair Yoga 11:05 am

Sunday Service: 10:30 am. Please visit our fb page: <a href="https://www.youtube.com/channel/UC12y0skGCzhEGD62iGvVf0A">www.facebook.com/albernivalleyuc</a> or go to our YouTube channel to view: <a href="https://www.youtube.com/channel/UC12y0skGCzhEGD62iGvVf0A">https://www.youtube.com/channel/UC12y0skGCzhEGD62iGvVf0A</a>

Wildly Courageous Church: Sunday July 26, 4 pm

Inter-spiritual Contemplative Practice: Sunday, July, 7:00 - 8:00 pm <a href="https://zoom.us/j/960983040">https://zoom.us/j/960983040</a> Meeting ID: 960 983 040

**Gentle Yoga with Mary:** Tuesdays @ 10:00 am. Join Zoom Meeting <a href="https://us02web.zoom.us/j/88559368151">https://us02web.zoom.us/j/88559368151</a> Meeting ID: 885 5936 8151

**Prayer Chapel:** Tuesdays @ 1:00 pm.

<sup>\*</sup>Please note our social distancing protocol during our Live Sunday Services is 2 meters and 3 meters for our singers (who are from the same households).

Join URL: <a href="https://us02web.zoom.us/j/2507351649">https://us02web.zoom.us/j/2507351649</a> Password: AVUC

**Wednesday Communion:** 12:00 – 12:30 pm, Tune in via Livestream.

Chair Yoga with Mary: Thursdays at 11:05 am. Join Zoom Meeting <a href="https://us02web.zoom.us/j/86239608615">https://us02web.zoom.us/j/86239608615</a> Meeting ID: 862 3960 8615

**The Cup of our Life** – A guide to spiritual growth. Wednesdays at 2:30 pm. Join Zoom Meeting: <a href="https://us02web.zoom.us/j/2507351649">https://us02web.zoom.us/j/2507351649</a> Password: AVUC

**Stencil Paint Kits Available**: \$20 donation includes paint, carbon paper, wood panel and stencil. An additional \$1 for a paint brush.

Watercolour Kits Available: \$10 donation includes, paint palette, paper, tape, paint brush.

Wednesday Bible Study: Will resume in September

Coming Soon: Café on the Lawn

Like and follow us on Facebook; hit **like** under the main header image. <a href="https://www.facebook.com/courageouscommunitycenter.and">www.facebook.com/courageouscommunitycenter.and</a> <a href="https://www.facebook.com/albernivalleyuc">www.facebook.com/albernivalleyuc</a>

**Bread of Life needs**: canned/non-perishable food, toilet paper, brown sugar, coffee, oatmeal, margarine, salt & pepper, ground meat, vanilla, spoons, bleach, cash donations and volunteers.

Plus, calorie dense food such as boost, protein/granola bars, tuna and cracker packages, peanut butter packets.

Minister: Rev. Minnie Hornidge, Choir Director: Linda Cannon Church Accompanist: Ellen Vander Putten; Tech Team Leader: Dewayne Parfitt

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## Alberni Valley United Church July 12, 2020

### Gathering Online

Welcome:

Acknowledgement of Territory: Lighting the Christ Candle:

#### We Listen for the Word of God

Video: Prayer:

Video: Amazing Grace <a href="https://youtu.be/U1YMy10X5YQ">https://youtu.be/U1YMy10X5YQ</a>

Solo: Deep River by Ford Cannon

We Respond

Scripture: Revelations 21:1-7 (Inclusive) Scripture: Revelations 22:1-3 (Inclusive)

Sermon: Life Giving Water

Video: We Are The World https://youtu.be/zwfj6EIhCRc

### We Go Forth

Prayers of the People:

Blessing:

Scripture: Numbers 6:24-26 (Inclusive)

Video: The Blessing Kids

https://www.youtube.com/watch?v=uiWZXLsdE9w