

Alberni Valley United Church

Jan. 24, 2021



“Be foolishly in love because love is all there is.”

- Rumi

Upcoming Zoom Meetings & Gatherings:

Jan. 24	Inter-Spiritual Meditation	7:00 pm
Jan. 26	Gentle Yoga	10:00 am
	Chair Yoga	11:30 am
	Prayer Circle	1:00 pm
	Zen Doodling	7:00 pm
Jan. 27	Wednesday Communion	12:00 pm
Jan. 28	Bible Conversations	1:30 pm

*Please note our social distancing protocol during our Live Sunday Services is 2 meters and 3 meters for our singers (who are from the same households).

Sunday Service: 10:30 am. Please visit our fb page:

www.facebook.com/alberniavalleyuc or go to our YouTube channel to view:

<https://www.youtube.com/channel/UC12y0skGCzhEGD62iGvVf0A>

Inter-spiritual Contemplative Meditation Practice: Sundays 7:00 - 8:00 pm

Zoom Meeting ID: 876 6129 9792 Passcode: 2882

POSTPONED: Monday Nature Walk hosted by Happy Hippie Hikers

@ 10:30 am For more information contact Joanne La Plante

Email: joanne2laplante@gmail.com

Tuesday Prayer Chapel with Elain Julian Email: avucrev@shaw.ca for zoom link.

Gentle Yoga with Mary: Tuesdays @ 10:00 am. Join Zoom Meeting
<https://us02web.zoom.us/j/88559368151> Meeting ID: 885 5936 8151

Chair Yoga with Mary: Tuesdays at 11:30 am. Join Zoom Meeting
<https://us02web.zoom.us/j/86239608615> Meeting ID: 862 3960 8615

Prayer Circle: Tuesdays @ 1:00 pm.
Join URL: <https://us02web.zoom.us/j/2507351649> Password: 2882

Wednesday Communion: Wednesdays @ 12:00 – 12:30 pm, Tune in via Livestream.

**Bible Conversation: Thursdays at 1:30 pm, Zoom ID: 250 735 1649
Passcode: ABBA**

Zen Doodling: Tuesdays starting Jan. 26 – Feb 16. Explore black ink & watercolour.

Mindful Self Compassion: Starting Wednesday, Feb. 03, 7:00 pm

Valentines Rock Mandala Paint Night, Feb 5 @ 7:00 pm Cost \$20
50% of proceeds go to The Backpack Program.

Prayer Requests: Do you have a prayer request for Rev. Minnie? Please let your *Pastoral Care Cluster Leader* know or email it to: prayeravuc@gmail.com.

Like and follow us on Facebook; hit **like** under the main header image.
www.facebook.com/courageouscommunitycenter and
www.facebook.com/albernivalleyuc

Bread of Life needs: canned/non-perishable food, cash donations and volunteers.

Minister: Rev. Minnie Hornidge, Choir Director: Linda Cannon

Church Accompanist: Ellen Vander Putten; Tech Team Leader: Dewayne Parfitt
3747 Church Street, Port Alberni, BC, V9Y 1T5, Tel: 723-8332
Email: avunitedchurch@shaw.ca Website: www.alberniavalleyuc.com
Facebook: www.facebook.com/alberniavalleyuc

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Gathering Online

Call to Gather:

Hymn: Pure Love MV 31

Acknowledgment of Territory:

Lighting the Christ Candle:

We Listen for the Word of God

Sung Prayer: We Are Pilgrims VU 595 vs 1, 2, 3

Time with the Young: Crocodiles Need Kisses by Rebecca Colby

Hymn We Are Pilgrims VU 595 4, 5, 5

Scripture: (Inclusive) Hebrew Bible Jonah 1:1-5, 10

Reading: Psalm 62 – Psalms for Praying by Nan C. Merrill

Scripture: 1 Corinthians 13:13

Scripture: (Inclusive) Gospel Mark 1:14-20

We Respond

Sermon: Love Reveals Everything Not of Itself

Video Hymn: Love is the Touch MV 89

We Go Forth

Prayers of the People:

Sharing Our Gifts:

Closing Hymn: My Love Colours Outside the Lines MV 138

Blessing:

Sung Benediction: May God's Sheltering Wings

MV 124