

Alberni Valley United Church  
February 23, 2020



**“Your mind will always believe everything you tell it.**

**Feed it hope. Feed it truth. Feed it with Love.”**

Upcoming Meetings & Gatherings:

February 23	Wild Church at Sproat Lake	4:00 pm
February 25	Yoga @ 10 am, Chair Yoga @	11:30 am
	Happy Times Tea	1:00 pm
February 26	Bible Study	2:30 pm
February 26	Hope 2.0	4:30 pm
February 27	Lenten Study: Prayer	10:30 am
March 8	Congregational Meeting	11:30 am

Sunday Morning Worship is a blend of the established and the emerging styles of worship. We use inclusive language that communicates acceptance of diversity, sexual orientation and gender identity.

Leadership considers the spiritual needs of the whole community, babes to elder, and the online church. Rev. Minnie does not use language of ableism. She will often say, “Please be comfortable to sing” to ensure that people know they the freedom to choose what works best for their bodies. There is usually one heritage hymn and one new hymn per Sunday. We are an inclusive caring community of faith therefore we serve gluten free bread and grape juice. AVUC’s missional direction is “to be reconciling. “An action of reconciliation is the acknowledgement of territory.

If anyone knows of a great source for Gluten Free Bread please speak with Mary Heatherington.

**Ash Wednesday Service on Tuesday, Feb. 25, 2020 at 7:00 pm**

**Shrove Tuesday Pancake Dinner - Tuesday February 25th, 2020, 5-7pm**  
\$10 per plate, \$5 for children 12 and under. No tickets, please pay at the door!

**February 23 Wild Church @ 4pm.** Meetup at the Sproat Lake Picnic area. Please bring a camera. Our theme is Blessing the Trails. For those who would like to carpool, meet at the Victoria Quay at 3:30 pm. Everyone Welcome!.

### **World Day of Prayer 2020**

at First Baptist Church, Friday March 13, 2020 at 1:00 pm

**February 26 Hope 2.0 @ 4:30 PM.** Conversation theme is Margaret Wheatly and Warriors for the Human. Bring an ingredient to add to our community salad. Lettuce will be provided.

**Congregational meeting, March 8 at 11:30pm.** The purpose of the meeting is to celebrate the Centre Journey

### **The Purple Martin & Swallow Birdhouse Building Project**

Making a difference one bird at a time. Meets with Godly worship on the last Sunday of the Month

**Lenten Study:** "Prayer" Thursdays @ 10:30 in the Sudeio/Lounge

Week 1: What is Prayer and Contemplative Prayer Practice

Week 2: The Lord's Prayer

Week 3: Writing prayers and praying with colour

Week 4: Prayer Aids E.g. Beads, labyrinths, icons, camera, walking &...

Week 5: How did Jesus pray?

Week 6: Intercessionary

Minnie has had a request to run a second session of the Lent Study on Prayer, on Thursdays at 1 pm, which she will do if there are 3 or more people interested. Please speak to Minnie or Natalie if you are interested.

The Port Alberni Refugee Sponsorship Committee has scheduled a fundraiser, **A Leap Across the World**, for February 29, 2020 at Echo Centre. The event includes Middle Eastern and African appetizers and a Punjabi meal prepared by the GuruNanak Sikh Society. The refugee families will be in attendance so you can meet them.

**Bread of Life needs:** brown sugar, coffee, oatmeal, margarine, salt & pepper, ground meat, vanilla, spoons, bleach, cash donations and volunteers. Plus calorie dense food such as boost, protein/granola bars, tuna and cracker packages, peanut butter packets.

The Moose Hide Campaign is a grass roots movement of Indigenous and non-indigenous men and boys who are standing up against violence towards women and children. Wearing a moose hide signifies your commitment to honour, respect, and protect the women and children in your life. There are pins in the narthex if you'd like to pledge your support.

#### ROTATIONS

	February 23	March 1	March 8
Minister	Rev. Minnie Hornidge	Rev. Faye Greer	Rev. Minnie Hornidge
Worship Asst.	Ford Cannon	Diane Martin	Carol Korven
Greeters			
Coffee	M & P & Affirm	Stewards & Trustees	Choir & Worship
Counters	Des Irwin & Ann Tatoosh	Doreen Grant & Bill Irwin	Brad West & Kathy Allen

Minister: Rev. Minnie Hornidge Guest Minister: Rev. Elaine Julian  
 Church Accompanist: Ellen Vander Putten; Tech Team Leader: Dewayne Parfitt  
 3747 Church Street, Port Alberni, BC, V9Y 1T5 Phone 723-8332  
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 Facebook: <https://www.facebook.com/albernavalleyuc>

Alberni Valley United Church  
February 23, 2020  
Transfiguration Sunday

Welcome & Acknowledgment of Territories

Gathering in Community

Community News and Celebrations

Call To Worship:

Hymn: It's a song of Praise to the Maker

MV 30

Opening Prayer

Time with the Young & the Young at Heart

Hymn: What Can I Do?

MV 191

Prayer for Reconciliation:

Hymn: Spirit God, Be Our Breath

MV 150

We Listen for the Word of God

Scripture Readings: Exodus 24:12-18

2 Peter 1:16-21

Matthew 17:1-9

Sermon:

Hymn: It Only Takes a Spark

Vu 289

We Respond

Sharing our Gifts:

Presentation Hymn: What Can I Do?

MV 191

Blessing:

Prayers of the People

The Prayer of Jesus

We Go Forth

Closing Hymn: Jesus Bids Us Shine

VU 585

Blessing