

Alberni Valley United Church
Aug 16, 2020



“Hope is an embrace of the unknown.”

- *Rebecca Solnit*

Upcoming Zoom Meetings & Gatherings:

Aug 16	Inter-Spiritual Meditation	7:00 pm
Aug 18	Gentle Yoga	10:00 am
Aug 20	Chair Yoga	11:05 am

*Please note our social distancing protocol during our Live Sunday Services is 2 meters and 3 meters for our singers (who are from the same households).

Sunday Service: 10:30 am. Please visit our fb page:

www.facebook.com/albernivalleyuc or go to our YouTube channel to view:

<https://www.youtube.com/channel/UC12y0skGCzhEGD62iGvVf0A>

Wildly Courageous Church: Sunday, Aug 23, 4 pm

Inter-spiritual Contemplative Practice: Sunday, Aug 16, 7:00 - 8:00 pm

<https://zoom.us/j/960983040> Meeting ID: 960 983 040

Gentle Yoga with Mary: Tuesdays @ 10:00 am. Join Zoom Meeting

<https://us02web.zoom.us/j/88559368151> Meeting ID: 885 5936 8151

Prayer Chapel: Cancelled until Sept 08 Tuesdays @ 1:00 pm.

Join URL: <https://us02web.zoom.us/j/2507351649> Password: AVUC

Wednesday Communion: Cancelled until Sept 09 12:00 – 12:30 pm, Tune in via Livestream.

Chair Yoga with Mary: Thursdays at 11:05 am. Join Zoom Meeting <https://us02web.zoom.us/j/86239608615> Meeting ID: 862 3960 8615

Stencil Paint Kits Available: \$20 donation includes paint, carbon paper, wood panel and stencil. An additional \$1 for a paint brush.

Watercolour Kits Available: \$10 donation includes, paint palette, paper, tape, paint brush.

Wednesday Bible Study: Will resume in September

Like and follow us on Facebook; hit **like** under the main header image.

www.facebook.com/courageouscommunitycenter and
www.facebook.com/albernivalleyuc

Bread of Life needs: canned/non-perishable food, toilet paper, brown sugar, coffee, oatmeal, margarine, salt & pepper, ground meat, vanilla, spoons, bleach, cash donations and volunteers.

Plus, calorie dense food such as boost, protein/granola bars, tuna and cracker packages, peanut butter packets.

Minister: Rev. Minnie Hornidge, Choir Director: Linda Cannon
Church Accompanist: Ellen Vander Putten; Tech Team Leader: Dewayne Parfitt

3747 Church Street, Port Alberni, BC, V9Y 1T5, Tel: 723-8332

Email: avunitedchurch@shaw.ca Website: www.albernavalleyuc.com
Facebook: www.facebook.com/albernavalleyuc

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Gathering Online

Welcome:

Introduction:

Acknowledgement of Territory:

Call to Worship:

We Listen for the Word of God

Opening Prayer:

Hymn: She Comes Sailing on the Wind

VU 380

Demonstration/Story:

Prayer:

Hymn: I've Got Peace Like a River

VU 577

We Respond

Scripture: Genesis 45:1-15

Scripture: Psalm 65

Scripture: Mathew 15:10-20

Reflection: Show Me the Water

Hymn: Like a Healing Stream

MV 144

Prayers of the People:

We Go Forth

Hymn: Don't Be Afraid

MV 90

Hymn: I See a New Heaven
Offerings, Tithes, & Gifts:
Prayer:
Blessing:

VU 713